

Sicily and Malta Discovery

Full Itinerary

Day 1: Sun 21 September 2025 Palermo, Sicily

Bongiorno! Welcome to Sicily. Upon arrival in Palermo, you will be met by a local representative for a complimentary airport transfer into the city.

Your adventure officially begins with a welcome meeting at 6 pm tonight to meet your local leader. If you arrive early, you might like to get acquainted with the sights and sounds of the old heart of Palermo. Explore the main monuments like the uniquely styled cathedral, or cafe-hop to try the best of Sicily' sweets. After your meeting tonight, you'll head out for dinner as a group and get to know the city's beloved cuisine at a great local restaurant.

Overnight: Hotel Giardino Inglese

Meals: Dinner

Day 2: Mon 22 September 2025 Palermo, Sicily

Today join a walking tour with your local leader and uncover symbolic places of rebellion and antimafia racketeering like the Teatro Massimo, Cape Market, Piazza della Memoria and Beati Paoli Square. Hear stories of local shop owners who have had the courage to denounce their extortionists and follow the ethical consumer campaign 'Pago chi non paga' — a campaign promoted to support those that rebel against the Mafia. Afterwards, you may want to take in the sights and sounds of Palermo's old town. Explore the main monuments, such as the unique cathedral, or wander from café to café to sample some of Sicily's best sweets.

Included Activities

• Palermo - Anti-Mafia Tour

Overnight: Hotel Giardino Inglese





Day 3: Tues 23 September 2025 Palermo, Sicily

Delve deeper into the culture during a hands-on cooking class today. Learn how to create delicious Sicilian dishes with the help of a local chef. As locally sourced products are used in the preparation of these dishes, the menu may differ depending on seasonality and market availability, but whatever you make, you will tuck into for lunch. The rest of the day explore the city at your leisure.

Included Activities

• Palermo - Sicilian Cooking Class

Overnight: Hotel Giardino Inglese

Meals: Breakfast / Lunch

Day 4: Wed 24 September 2025 Palermo - Lipari, Sicily

Start your day with a leisurely breakfast at your hotel in Palermo before embarking on a scenic journey. A private transfer will take you through the charming towns of Cefalù and Milazzo, where you can enjoy glimpses of coastal beauty and historic architecture. From Milazzo, board a hydrofoil for a smooth sail to the island of Lipari. Upon arrival, you will be greeted with a private transfer to your hotel, allowing you to settle in and begin your exploration of the Aeolian Islands.



Included Services

• Hydrofoil ride to Lipari

Overnight: Hotel Villa Enrica

Meals: Breakfast

Day 5: Thurs 25 September 2025 Lipari, Sicily

Immerse yourself in the rich history of Lipari with a walking tour through the ancient Castello di Lipari, where centuries of culture and tradition come to life. Explore the stunning Cathedral of St. Bartholomew, home to magnificent Norman cloisters, offering a glimpse into the island's religious and architectural heritage. As the day winds down, enjoy a relaxing seaside dinner, savouring the flavours of local cuisine while taking in the tranquil views of the Mediterranean, creating the perfect ending to your day on this charming island.

Included Activities

- Lipari Guided Walking Tour of Castello di Lipari
- Lipari Castello di Lipari Admission
- Lipari Cathedral of St Bartholomew and Norman Cloisters Admission
- Lipari Dinner at Local Restaurant

Overnight: Hotel Villa Enrica **Meals:** Breakfast, Dinner



Day 6: Fri 26 September 2025 Lipari, Sicily

Embark on a public boat tour for an unforgettable day cruising the sparkling waters of the Tyrrhenian Sea, venturing to the beautiful Aeolian islands of Panarea and Stromboli.

As you sail, enjoy panoramic views of the islands' dramatic landscapes and the ever-active Stromboli volcano. The relaxed atmosphere on board allows for soaking in the Mediterranean's natural beauty. In the evening, dine in the enchanting setting of the islands, savouring a meal with the picturesque volcanic scenery as a backdrop, rounding off a perfect day at sea.

Included Activities

- Lipari Public boat tour to Panarea & Stromboli
- Lipari Dinner at Local Restaurant

Overnight: Hotel Villa Enrica **Meals:** Breakfast, Dinner



Day 7: Sat 27 September 2025 Lipari, Sicily

Set out on an exciting public tour to explore the volcanic landscapes of Lipari. This adventure offers an up-close look at the island's unique geological formations, shaped by ancient volcanic activity. As you journey through Lipari's dramatic terrain, you will encounter striking lava rocks, thermal areas, and stunning panoramic views of the surrounding Aeolian Islands. The tour provides a fascinating insight into the island's volcanic heritage, making it an unforgettable experience for nature lovers and adventure seekers alike.

Included Activities

• Lipari – Volcano Day Tour

Overnight: Hotel Villa Enrica

Meals: Breakfast

<u>Day 8:</u> Sun 28 September 2025 Lipari – Syracuse, Sicily

Start the day with a relaxing breakfast at the hotel before embarking on a scenic journey. Board a hydrofoil for a quick cruise to Milazzo, where you will continue your journey on a private transfer to your hotel just steps away from Ortigia Island. This trip combines comfort with the opportunity to enjoy the picturesque landscapes of Sicily and the historical charm of this land.

Included Services

Hydrofoil ride to Milazzo

Overnight: Grande Albergo Alfeo





Day 9: Mon 29 September 2025 Syracuse, Sicily

Discover the ancient wonders of Syracuse with a private guide, exploring the Neapolis Archaeological Site where you will uncover the grandeur of the Greek theatre, Roman amphitheatre, and historic quarries. In the afternoon, immerse yourself in the vibrant local culture of Ortigia by touring its lively food markets, where you can sample fresh local produce and experience the island's culinary heritage.

Included Activities

- Syracuse Syracuse and Ruins Guided Walking Tour
- Syracuse Neapolis Admission
- Ortigia Visit of local food markets

Overnight: Grande Albergo Alfeo

Meals: Breakfast

<u>Day 10: Tues 30 September 2025</u> Syracuse – Modica, Sicily

Embark on a scenic journey through the Sicilian countryside, traveling to Modica with a delightful stop in Noto.

Here, a local guide will lead you on a walking tour of Noto, revealing its stunning Baroque architecture and enchanting streets filled with historical charm. After soaking in the architectural beauty, continue to a gourmet farmhouse where you will indulge in a sumptuous Sicilian lunch. This culinary experience highlights the region's rich flavours and traditions, offering a perfect blend of sightseeing and gourmet delight.

Included Activities

- Noto Guided Walking Tour
- Noto Gourmet Farmhouse Lunch

Overnight: Hotel Principe d'Aragona

Meals: Breakfast, Lunch



Day 11: Wed 01 October 2025 Modica, Sicily

Explore the enchanting town of Modica with a guided walking tour that takes you through its historic streets and landmarks. Discover the stunning Cathedral of San Giorgio and the charming Church of San Pietro, each offering a glimpse into Modica's rich architectural heritage. Visit the renowned Antica Dolceria Bonajuto, where you can indulge in a tasting of the famous Cioccolato di Modica, experiencing the unique flavours of this traditional Sicilian chocolate.

Included Activities

- Modica Guided Walking Tour
- Modica Cathedral of San Giorgio Admission
- Modica Cioccolato Tasting

Overnight: Hotel Principe d'Aragona



Day 12: Thurs 02 October 2025

Modica, Sicily

Enjoy a leisurely day to explore Modica at your own pace. Wander through its picturesque streets, where you can discover charming boutiques, historic landmarks, and local cafes. Take time to relax in one of the town's scenic squares or visit local markets to soak in the vibrant atmosphere. In the evening, savour a delightful included dinner in Modica, where you can experience the region's culinary delights and enjoy a memorable meal in a local setting.

Included Activities

Modica – Dinner at Local Restaurant

Overnight: Hotel Principe d'Aragona

Meals: Breakfast, Dinner

Day 13: Fri 03 October 2025

Modica, Sicily - Valletta, Malta

The adventure begins today with a private transfer to the harbour to catch the hydrofoil to Valletta, a small capital city full of historical monuments and world-class attractions. Make sure you rest and if you have time, you can visit the National Museum of Archaeology or stroll along the promenade, lined with restaurants. Hungry? Your guide will be able to recommend some great places to eat. The aljotta (fish soup) and gbejniet (Maltese cheese) are particularly delicious.

Included Services

• Hydrofoil ride to Valletta

Overnight: Palazzo Ignazio

Meals: Breakfast



Day 14: Sat 04 October 2025

Valletta, Malta

Experience the rich history and vibrant culture of Malta with an immersive journey through Valletta's stunning architecture and hidden gems. Explore iconic landmarks like the magnificent St John's Co-Cathedral, a masterpiece of Baroque art, before indulging in an authentic Maltese pour-over coffee at a charming local café. Complete your adventure with a serene harbour cruise, gliding past the historic fortifications and scenic waterfronts of Vittoriosa, Senglea and Cospicua, offering a unique perspective of the island's maritime legacy.

Included Activities

- Valletta Guided Walking Tour
- Valletta St John's Co-Cathedral admission
- Valletta Traditional Maltese Pour-Over Coffee at Local Café
- Harbour cruise around Vittoriosa, Senglea and Cospicua

Overnight: Palazzo Ignazio **Meals:** Breakfast, Lunch



Day 15: Sun 05 October 2025

Valletta - Gozo, Malta

While based in Valletta, embark on a day trip to the island of Gozo, where rugged beauty and rich history await.

Begin with a scenic hike along Xlendi's dramatic coastal cliffs, offering breathtaking views of the Mediterranean. Then, immerse yourself in Gozo's heritage with a visit to the historic Victoria Citadel, where you can explore its winding streets, fortified walls, and fascinating museums, revealing the island's storied past. This blend of natural splendour and cultural exploration provides a perfect contrast to the urban charm of Valletta.

Included Activities

- Gozo Full day Trip
- Gozo Xlendi Coastal Cliff Hike
- Gozo Lunch at Local Restaurant
- Victoria Citadel Guided Walking Tour and museums visit
- Victoria Archeological Museum Admission

Special Information

The Xlendi Coastal Cliff Hike is a moderate-level trek spanning 11.7 km, offering a scenic route along Gozo's rugged coastline. The hike takes approximately 3 hours and 40 minutes to complete, with an ascent of 388 meters and a descent of 384 meters. Along the trail, you'll reach a highest point of 163 meters, providing stunning views, while the lowest point, just 3 meters above sea level, offers close-up vistas of the Mediterranean. If you would like to opt out from this hike your leader will be able to suggest alternative activities instead.

Overnight: Palazzo Ignazio **Meals:** Breakfast, Lunch

Day 16: Mon 06 October 2025

Valletta, Malta

During your stay in Valletta, explore Malta's ancient and diverse heritage with a visit to the Hagar Qim archaeological site, where megalithic temples reveal the island's prehistoric roots. Continue to the vibrant fishing village of Marsaxlokk, where the picturesque harbor and colourful boats create a serene Mediterranean setting.

Then, journey to Mdina, the "Silent City," where a blend of Arab and medieval history comes alive as you stroll through its narrow streets and enjoy a traditional lunch. Conclude your adventure with a memorable final-night dinner in Valletta, savouring the local cuisine amid the city's timeless ambiance.

Included Activities

- Hagar Qim Archaeological Site Admission
- Marsaxlokk Town & Harbour Visit by Local Guide
- Mdina Town Visit by Local Guide
- Mdina Lunch at Local Restaurant
- Valletta Dinner at Local Restaurant

Overnight: Palazzo Ignazio **Meals:** Breakfast, Lunch, Dinner





Day 17: Tues 07 October 2025

Valletta, Matla - Polignano a Mare, Italy

Today your adventure begins with a private transfer to Valletta airport. Take a flight to the city of Bari. Here you will be met and transferred to your hotel in Polignano a Mare. Polignano a Mare is a picturesque coastal town in the Puglia region of southern Italy, known for its dramatic limestone cliffs, crystal-clear Adriatic waters, and whitewashed buildings. The town's charming historic centre is filled with narrow streets, vibrant piazzas, and stunning sea views. Take the rest of the time to relax by the beach front at your resort stay.

Airport Departure Transfer
• Included on a group basis

Airport Arrival TransferIncluded on a group basis

Overnight: Pietrablu resort and spa

Meals: Breakfast



Day 18: Wed 08 October 2025

Polignano a Mare, Italy

Leave the coastline behind as you travel inland by private vehicle to the little town of Alberobello. Set among a tranquil landscape of olive groves, the town is famed for its unique beehive-shaped trulli; dwellings built from limestone in the 14th century. While the origins of the buildings are unclear, one theory suggests the houses were created to be easily dismantled in a feudal tax-evasion scheme. Whatever their purpose, the buildings truly are a sight to behold and make the Apulia region unlike anywhere else in the world. Join a local guide for an insider's look at the town, wandering through the old town quarter of Rione Monti, dotted with thousands of trulli, and Rione Aia Piccola, where trulli still serve as family homes. Your guide will point out the different shapes of spires and the religious and mystic symbols adorning the roofs. Finally, stand in awe of the Church de Sant'Antonio, a huge cathedral built in the trulli style. Before returning to Polignano a Mare make an Olive Oil Mill Visit for a local tasting.

Return to Polignano a Mare for an evening at leisure – your leader will have tips on the best places

to grab dinner tonight.

Included Activities

• Alberobello - Half Day Trip

• Alberobello - Guided Walking Tour

• Olive Oil Mill Visit and Tasting

Overnight: Pietrablu resort and spa





Day 19: Thurs 09 October 2025

Polignano a Mare, Italy

Start the day with a delightful breakfast, savouring local flavours and fresh ingredients that will energize you for the journey ahead. A private transfer will take you from the coastal charm of Polignano a Mare to the nearby town of Monopoli, offering a comfortable and scenic ride along the Adriatic coastline. Upon arriving in Monopoli, you will have the entire day to explore at your own pace. This historic seaside town is known for its picturesque old port, where colourful fishing boats float gently in the water against a backdrop of ancient stone walls. Stroll through the narrow, winding streets of the historic centre, lined with whitewashed buildings, charming cafes, and small boutiques. The impressive Baroque-style Cathedral of Maria Santissima della Madia is a must-see, with its intricate facade and beautiful interior. For a taste of local history, visit the 16th-century Charles V Castle, which offers stunning views of the sea. If you're in the mood to relax, head to one of Monopoli's small, sandy beaches or enjoy a leisurely lunch at a seaside trattoria. The town's lively piazzas are perfect for people-watching and soaking up the relaxed atmosphere.

In the afternoon, your private transfer will be waiting to take you back to Polignano a Mare, where you can unwind and reflect on your day in Monopoli.

Included ActivitiesMonopoli - Full Day Trip

Overnight: Pietrablu resort and spa

Meals: Breakfast



Day 20: Fri 10 October 2025

Polignano a Mare, Italy

Spend a free day leisurely discovering the beauty of Polignano a Mare, when the crowds have thinned and the town's authentic charm shines through. The good temperatures make it a perfect time for wandering the picturesque streets and enjoying the breathtaking coastal views. Maybe begin your day with a stroll through the historic centre, where narrow alleys lead to hidden squares and scenic balconies overlooking the sea. The town is known for its dramatic cliffs and natural caves, making a walk along the cliffside pathways a must. Don't miss Lama Monachile, the iconic pebble beach nestled between cliffs; in this time of the year, it's peaceful enough to appreciate the sound of the waves and the stunning views without the summer bustle. For a taste of history, visit the Church of Santa Maria Assunta, which dates back to the 13th century and houses interesting artwork. Another highlight is the statue of Domenico Modugno, the famous singer of "Volare," which celebrates the local legend's legacy and offers a great spot for photos with a view. Enjoy also the local cuisine. Seek out orecchiette pasta with turnip tops, a Puglia specialty, or try a fresh seafood dish like octopus in a traditional tomato sauce. Stop by a bakery to sample focaccia with olives and tomatoes or the famous almond biscotti paired with a glass of locally produced liqueur. Wrap up the day by relaxing at a terrace café overlooking the sea, taking in the beauty of the Adriatic as the sun sets and the town begins to glow in the evening light.

Overnight: Pietrablu resort and spa



Day 21: Sat 11 October 2025 Polignano a Mare, Italy

Your Italian adventure comes to an end after breakfast this morning. Your private transfer will accompany you to Bari airport from where you will say goodbye to Italy.

Airport Departure Transfer

• Included on a group basis

